

7 Days to Becoming a Confident Faith-Filled Woman

*A 7 Day Devotional to Becoming the Woman God Created
You to Be*



SUBMERGE WRITING PRESENTS
MINISTER
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*Written by
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Daughter of God, Rise! Your Confidence Is Waiting

Have you ever looked in the mirror and wondered, “*Who am I anymore?*” Maybe life has worn you down. You have poured out for everyone else, as a wife, a mom, with family, friends, and even in your work career. But, somewhere along the way, the vibrant woman God created got buried beneath the weight of it all.

You love God deeply, yet sometimes you still feel stuck. You quote Scripture but quietly battle insecurity. You encourage others, yet you question if you still have purpose. You want to feel strong, confident, and whole again, but right now, you’re just trying to make it through the day.

Sis, this devotional was written for you.



INTRODUCTION

DAUGHTER OF GOD RISE!

DAY ONE

I KNOW WHO I AM

DAY TWO

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DAY THREE

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DAY FOUR

THE POWER OF CONNECTION

DAY FIVE

WATER YOUR DREAM

DAY SIX

SHIFT YOUR FOCUS

DAY SEVEN

WALK IN PURPOSE



WAIT! DON'T FORGET THESE

WHAT YOU WILL NEED TO COMPLETE THIS DEVOTIONAL

Make Sure You Have the Following

*Your Favorite Bible: The Version Does Not
Matter*

Pen and Paper

An Open Heart Posture



THIS DEVOTIONAL IS FOR

The woman who is tired of pretending she's okay.
The woman who knows there's more to her story than survival.
The woman who's ready to rediscover her worth, reignite her faith, and remember that her confidence was never meant to come from people, it was meant to come from her Creator, God.

You were never meant to walk around questioning your value. God handcrafted you with divine intention—every detail of your personality, your passions, even your pain, are part of a holy blueprint. He calls you chosen, loved, powerful, and purposeful.

These next seven days are not just about reading Scriptures; they're about transformation. You'll peel back layers of fear, doubt, and comparison and uncover the radiant woman God has called you to be.

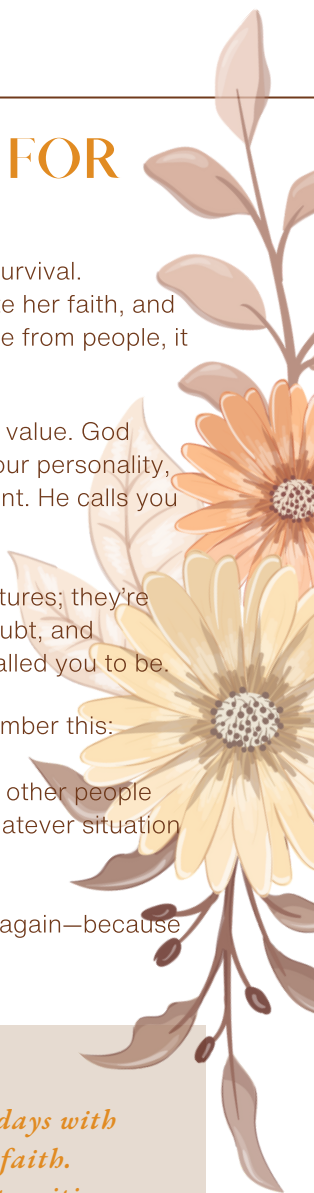
As you walk through this devotional, I want you to remember this:

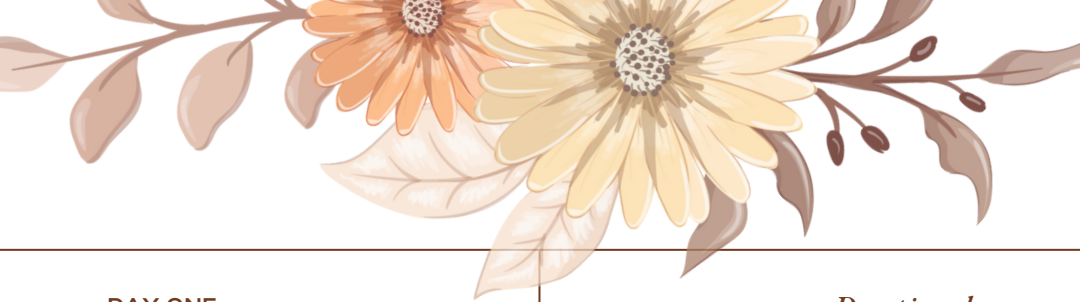
"A Confident Woman does not let the things that defeat other people defeat her. She has faith that she can move through whatever situation she faces." *Barbara*

You can move through this. You can heal. You can rise again—because God is within you, and you will not fall (Psalm 46:5).

SO TAKE A DEEP BREATH

Let's walk together through these next seven days with open hearts, ready hands, and expectant faith. Because your confidence is not lost—it's just waiting for you to take His hand and find it again.





DAY ONE

Devotional

I KNOW WHO I AM

Theme: Identity in Christ

Scripture: “I praise You because I am fearfully and wonderfully made.”
Psalm 139:14

Devotional Thought:

Sis, you are not a mistake, an afterthought, or a filler in someone else’s story. You are a divine masterpiece, handcrafted by the Creator of heaven and earth. Before the world knew your name, God had already written your purpose in His book.

As you look in the mirror today, see yourself the way God sees you—chosen, loved, and radiant. Remember your declaration:

*“I know who I am. I am she. I am a creation of
God’s artistry—made out of love, strength,
intelligence, and great insight.”*

Reflection:

What parts of yourself have you believed were “not enough”?
Speak Psalm 139:14 over those areas today.

Prayer:

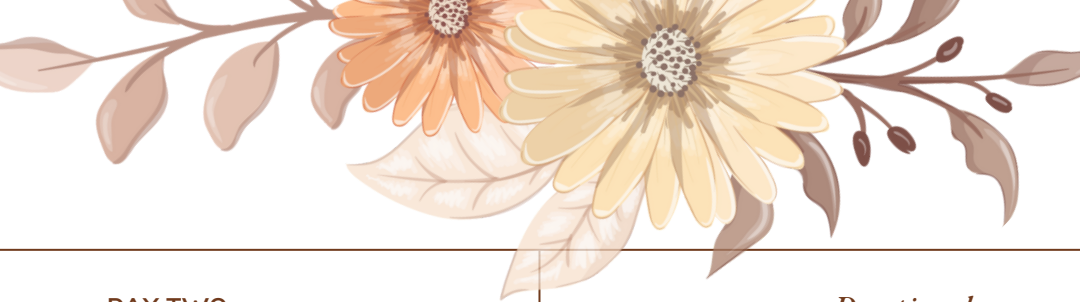
“Lord, thank You that I am fearfully and wonderfully made. Help me to see myself through Your eyes and walk in the confidence of who You say I am.”

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DAILY JOURNAL

YOUR THOUGHTS

GOALS	TO DO
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DAY TWO

Devotional

A CONFIDENT WOMAN

Theme: Confidence through Faith

Scripture: “God is within her, she will not fall.”

Psalms 46:5

Devotional Thought:

Confidence isn’t arrogance—it’s assurance. It’s knowing that when God is within you, you cannot be defeated.

*“A Confident Woman does not let the things
that defeat other people defeat her. She has faith
that she can move through whatever situation
she faces.”*

You’re not walking alone, Daughter. You’re walking with the One who split seas, calmed storms, and conquered death itself.

Reflection:

Where have you been shrinking back in fear? Write down one area you will walk boldly in today.

Prayer:

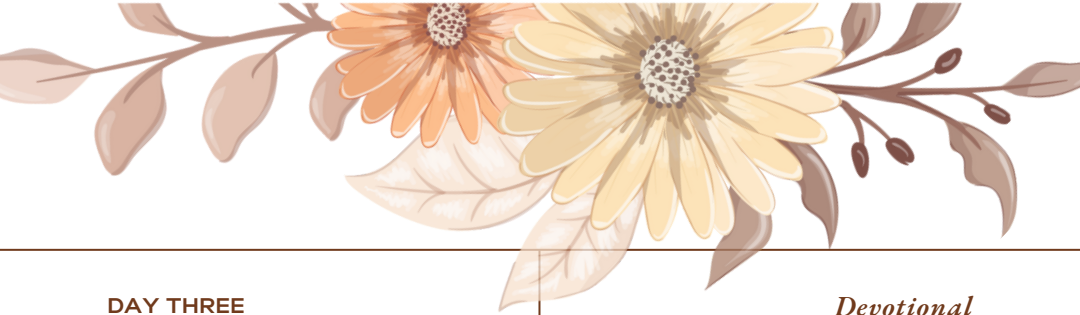
“Father, let my confidence be rooted in You. Strengthen me to face every challenge knowing that You live in me.”

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DAILY JOURNAL

YOUR THOUGHTS

GOALS	TO DO
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DAY THREE

Devotional

LET GO AND TAKE GOD'S HAND

Theme: Surrender

Scripture: "Be still and know that I am God"
Psalm 46:10

Devotional Thought:

Sometimes we cling to the mess because it's familiar. But God is asking you to release what's heavy so He can place something holy in your hands.

*"Why is it so hard for them to let go of the mess
and take hold of My hand?"*

Sis, some things must be *burned off*, not because God is punishing you, but because He's purifying you. Let the fire refine you, not define you.

Reflection:

What's one thing you need to let go of to fully take God's hand today?

Prayer:

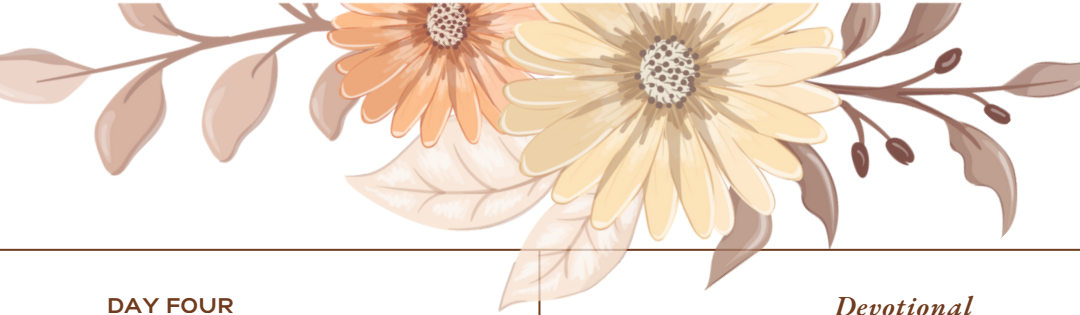
"Lord, I release what no longer serves my purpose. Cleanse me, refine me, and teach me to hold tightly to You."

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DAILY JOURNAL

YOUR THOUGHTS

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DAY FOUR

Devotional

THE POWER OF CONNECTION

Theme: Divine Relationships

Scripture: “Bad company corrupts good character.”
1 Corinthians 15:33

Devotional Thought:

Every woman needs a circle that calls her higher. Iron Sharpens Iron.

“Recognize today that not everyone can go where God is taking you. Life is too short to drag people along. When you remove the wrong people, God will make the right connections”

You can't walk into divine destiny while holding onto draining relationships. God is calling you to discernment, not division.

Reflection:

Who in your life uplifts your faith, and who pulls you away from it? Pray for wisdom to nurture Godly connections.

Prayer:

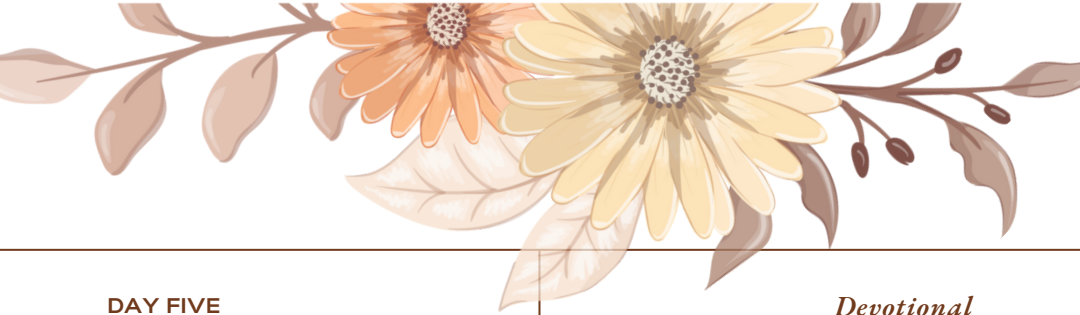
“Lord, surround me with women who will speak life into me. Give me courage to release what's hindering my growth.”

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DAILY JOURNAL

YOUR THOUGHTS

GOALS	TO DO
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DAY FIVE

Devotional

WATER YOUR DREAM

Theme: Faith in Action

Scripture: “Faith without works is dead.”
James 2:17

Devotional Thought:

Your dream is not dead, it’s dormant. It’s waiting for you to water it again.

“Think of your dream as a seed waiting to come to life. Plant it in rich soil (prayer), water it daily (faith), and expose it to sunlight (work).”

Faith doesn’t sit still, it *moves*. So pray, believe, and take action.

Reflection:

What “seed” has God placed in your heart that you’ve neglected? How can you water it today?

Prayer:

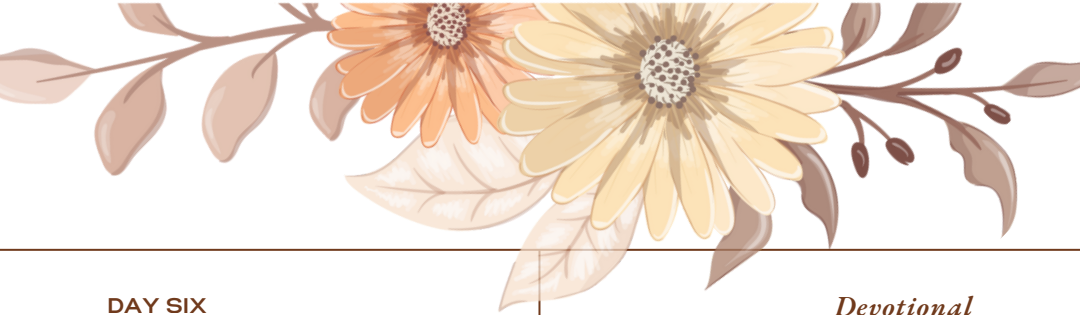
“Father, help me to nurture the dreams You have given me. Strengthen my faith and guide my hands to do the work.”

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YOUR THOUGHTS

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DAY SIX

Devotional

SHIFT YOUR FOCUS

Theme: Hope and Perspective

Scripture: “Now to Him who is able to do immeasurably more than all we ask or imagine”
Ephesians 3:20

Devotional Thought:

Keep your Mind stayed on Jesus

“I have learned that the focus should never be on the issue or problem, but on the One who is able to do exceeding abundantly more than anything I can ask or imagine.”

The more you stare at the problem the bigger it gets. But when you fix your gaze on Jesus, everything else comes into perspective.

Reflection:

What issue has been stealing your focus? Replace that thought with a praise today.

Prayer:

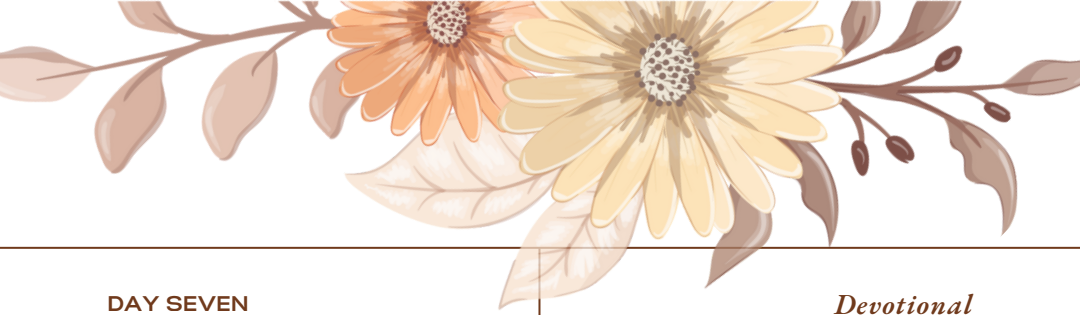
“Lord, lift my eyes above the problem and fix them on You. Remind me that You are always greater.”

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DAILY JOURNAL

YOUR THOUGHTS

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DAY SEVEN

Devotional

WALK IN PURPOSE

Theme: Purpose & Perseverance

Scripture: “For we are His workmanship, created in Christ Jesus to do good works.”

Ephesians 2:10

Devotional Thought:

Life is not just about existing, it's about *impacting*.

“Life is a journey full of adventures and experiences to be shared with others. The best teacher of life is the experience of the journey.”

You were created to do good things. Walk boldly in your assignment. Speak life. Lead with love. Let your story become someone else's survival guide.

Reflection:

How will you use your story to inspire another woman today?

Prayer:

“Lord, thank You for the purpose You've placed within me. Help me to walk it out with confidence, grace, and bold faith.”

DATE	Mood
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DAILY JOURNAL

YOUR THOUGHTS

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WOMAN OF GOD

*“A Confident Woman knows
who she is,
whose she is,
and what she’s called to do.
She’s not afraid of the storm because
she knows who calms it”*

QUESTIONS?

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CONCLUSION

From the Author

To all the Christian young women coming behind us, may you know the love of God, walk in unshakeable faith, live lives as an example for others to imitate, and pass down the Legacy of those women of faith who went before you.

God has plans for women. Jeremiah 29:11 says, “For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” I’m thankful to God for pouring into me so that I can pour into others.



Thank you

Sincerely
Minister Barbara J Boggs

Barbara

CHRISTIAN MINISTER
& WRITER

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